

VISIT OUR 1st FLOOR  
KIOSK FOR  
GRAB-N-GO ITEMS!



NUTRITION CARE DIVISION  
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL  
OUR DAILY SPECIALTIES



6/15/2016 0:00  
CHERYL D. CLARKE  
SFC, USA  
NCOIC, Nutrition Care Division

Menu subject to change based upon availability

WEEK 3							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<i>GREAT BEGINNINGS</i> BREAKFAST MENU MON - FRI 0600-0900 WKND&S & HOLIDAYS 0700-1000 FEATURING: OMELETS MADE TO ORDER MADE FRESH DAILY	19-Jun-2016	20-Jun-2016	21-Jun-2016	22-Jun-2016	23-Jun-2016	24-Jun-2016	25-Jun-2016
	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V) French Toast (V) Hash Brown Patties Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Biscuit Rolls Oatmeal/Grits (V) Pancakes & French Toast (V) O'Brien Potatoes Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Breakfast Burrito Oatmeal/Grits (V) Waffles (V) Hash Brown Patties Bacon/Sausage Grilled Pork chop Sausage Gravy/Biscuits	Breakfast Sandwich Oatmeal/Grits (V) French Toast (V) O'Brien Potatoes Bacon/Sausage Corned Beef Hash Sausage Gravy/Biscuits	Breakfast Burrito Oatmeal/Grits (V) Pancakes (V) Hash Brown Casserole Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Breakfast Sandwich Oatmeal/Grits (V) Waffles (V) Shredded Hash Browns Bacon/Sausage Chicken Fried Steak Sausage Gravy/Biscuits	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V) French Toast (V) Hash Brown Patties Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits
PANINI OF THE DAY	Soup of the Day		Chili	Buffalo Chicken Wrap	Chili	New Orleans Style Po Boy	Soup of the Day
SOUPS	Roast Turkey	Philly Cheesesteak	Pork Posole Soup	Chili	Egg Drop Soup	Chili	Beef Stroganoff
MID-DAY FARE LUNCH MENU	Mashed Potatoes w/ Gravy Cornbread Dressing	Chili	Chicken Enchilada Casserole	Chicken and Dumpling Soup	Chicken Curry	Chicken Noodle Soup	Smothered Chicken
MON - FRI 1100-1400 WKND&S & HOLIDAYS 1000-1400	Green Beans (V) Home-style Dinner Rolls	Mediterranean Veg Soup	Flank Steak w/ Chimichurri Sauce	WING WEDNESDAY	Beef with Broccoli	Fried/Baked Catfish	Garlic Toast
FEATURING: FRESH GRILLED ITEMS WRAPS & DELI SANDWICHES Try our Vegetarian (V) Options!	Dessert of the Day	Spaghetti w/ Meat Sauce	Pork with Guajillo Sauce	Blackened Tilapia	Vegetable Lo Mein	BBQ Pulled Pork	Steamed Broccoli
		Spaghetti w/Marinara Sauce	Roasted Root Vegetables	Salisbury Steak	Jasmine Rice (V)	Bourbon Chicken	Steamed Rice
		Chicken Marsala	Antigua Vegetables (V)	Couscous(V)	Brown Rice (V)	Dirty Rice	Dessert of the Day
		Beef Stroganoff	Grilled Mixed Zucchini (V)	Winter Blend Vegetables (V)	Sonoma Style Vegetables (V)	Baked Beans	
		Breaded Mushrooms (V)	Mexican Rice (V)	Fire Roasted Apples (V)	Garlic Fried Green Beans (V)	Collard Greens	
		Antigua Vegetables (V)	Lemon Meringue Pie/Parfait	Wheat Dinner Roll	Vegetable Egg Rolls (V)	Grilled Yellow Squash	
		Broccoli Spears w/ Cheese Sauce	TACO SALAD BAR	Pecan Pie/Parfait	Lemon Cream Cake/Parfait	Honey Corn Muffins	
		Garlic Bread		BAKED POT/SWT POT BAR		DEATH BY CHOCOLATE	
		Strawberry Cream Pie/Parfait					
		Baked POT/SWT POT BAR					
DINNER DISHES EVENING MENU MON - FRI 1600-1800 WKND&S & HOLIDAYS 1530-1730	WEEKEND MENU	Hot Specialty Soup & Chili Chicken Parmesan Fire Roasted Potatoes Sicilian Vegetables (V) Wax Beans (V) Garlic Breadsticks Chocolate Mint Pie	Hot Specialty Soup & Chili Baja Fish Tacos Grilled Potatoes and Onions Grilled Mixed Zucchini (V) Midori Vegetables (V) Wheat Dinner Roll Lemon Meringue Pie	Hot Specialty Soup & Chili Open Faced Turkey Mashed Potatoes (V) Green Beans (V) Glazed Baby Carrots (V) Wheat Dinner Roll Pecan Pie	Hot Specialty Soup & Chili Smothered Pork Chop Macaroni and Cheese (V) Japanese Stir Fried Veg (V) Fire Roasted Apples (V) Home-style Dinner Roll Lemon Cream Cake	Hot Specialty Soup & Chili Fish and Chips Parmesan Potato Wedges (V) Garden Vegetables (V) Grilled Yellow Squash Dinner Roll	WEEKEND MENU Steamed Broccoli Dessert of the Day
FEATURING: FRESH GRILLED ITEMS SALADS & DELI SANDWICHES							